

More than a place...a way of life.

Day Spring Sun Times

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Fall 2007

"On a Roll" – Day Spring Bowl-A-Thon 2007 Exceeds Goal!



We thank our sponsors:



Peggy Timmel (left) in her bowling ball costume joins Clay Stinnet and Steve Mershon (right) attired as a bowling pin as they spread cheer among our Bowl-A-Thon bowlers.

Bowl-A-thon Buzz – What a great night it Wuz!

The excitement began when the balls started rolling without hesitation at 3:00PM on the dot on Saturday, August 11th at King Pin Bowling Lanes. Although the day's heat index exceeded 100 degrees, our Day Spring bowlers kept cool in the air-conditioning and focused on what was important...their bowling game. With oodles of energy, Rebecca Lake, sister-in-law to Baxter Avenue resident Debbie Seger, volunteered as our emcee for the afternoon.

Board Members Peggy Timmel and Judge Steve Mershon seemed to get a lot of attention from the crowd by

parading around the bowling center in their coordinating bowling pin and bowling ball costumes (see photo). After stumbling a few times, Peggy said, "This costume should not be worn by someone who is less than 5'2".

Due to the strong leadership of our siblings, board members and residents, this event was a great success! We exceeded our fundraising goal of \$25,000 and we were especially pleased to have over 200 bowlers participating in this

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A big thank you goes out to Nick Simon!

Not only did his company, Publishers Printing, generously donate the printing of this Annual Report/Newsletter, he is also helping us spread the word about Day Spring.

On July 18th, Nick hosted a lunch at Audubon Country Club for several of his friends and colleagues. We were able to share with them the Day Spring mission and are looking forward to seeing these new friends in the future!

From Where I Sit...

Day Spring perspectives from the Executive Director,
Deborah L. Kern, RSM

*"We have much to celebrate
in the Day Spring Community!"*

Sister Debbie



If you regularly receive this Sun Times Newsletter, you have been reading letters from me regularly in this column to the Day Spring Community. Today I encourage you to enjoy celebrating with us the information presented in our Annual Report and to read our letter on page two in this publication.

We hope you will continue to look forward to each issue of the Day Spring Sun Times. Our next issue will be the Winter 2008 edition. Whatever the season, we enjoy sharing all the good news of positive developments, resident and staff stories, and reports on all the encouraging and supportive events that regularly make up our Day Spring year. Thank you for supporting Day Spring and know that we sincerely welcome you to become an integral part of our joy filled community.

Alcoa Foundation supports *Grocery to Table* program



Paul Reagan, Sr. Debbie Kern and Scott Russ pictured left to right with Alcoa check
Scott Russ, presented a check for \$15,000 from the Alcoa Foundation to the Day Spring Board of Directors on August 16th. The money will help fund the Grocery to Table program, which is our ongoing support of residents to become more independent in shopping and preparing meals in their homes within the Day Spring Community.

IRA Gifting Opportunity

After years of debate and struggle, Congress finally allowed IRA owners to give assets to charity TAX-FREE. The pension Protection Act of 2006 (PPA 2006) offers charitable minded individuals a golden opportunity to make gifts from their IRAs without paying tax on the amounts given.

To qualify:

- The donor must be 70½ years of age or older at the time of the gift;
- The transfers must go DIRECTLY from the IRA to qualified charities;
- Gifts cannot exceed \$100,000 per taxpayer per year; and
- Gifts must be outright.

This opportunity is ONLY available through December 31 2007. These funds reduce your taxable income and count toward your minimum required distribution. However, no charitable deduction is allowed.

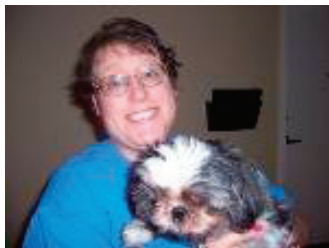
Contact your financial advisor to discuss this gifting opportunity.

WE ARE NOW ABLE TO ACCEPT ON-LINE DONATIONS

Go to our website at www.dayspringky.org and click on "donate now".

We now accept all credit cards: Visa, MasterCard, Discover and AmericanExpress

NOW!
Donate Online
to Day Spring



Day Spring's Emily Barrett provides valued service

Emily Barrett caring for Margie Kern's Muffy

Recently, the Courier-Journal highlighted the growing need for pet sitting and the valuable care and concern that pet sitters provide. Day Spring is fortunate to have a caring, volunteer pet sitter, resident, Emily Barrett. At the end of August, while Sister Debbie's mother, Margie Kern vacationed in Florida, Emily "dog-sat" for Margie's beloved Muffy. Every day, while Emily was preparing to leave for work, she dutifully walked Muffy to her friends at the women's home where Muffy spent the day.

Like the pet-sitters profiled in the Courier-Journal, Emily has more than one client. She often cares for her parents' dogs, Lucy and Charlie, and her friend's dog, Thumptin. Everyone appreciates knowing that Emily cares enough to take the responsibility to care for their pets.

Way to go Emily!

Bowl-A-Thon Buzz (continued from page 1)



Left to Right: Barbara Willoughby, Cathy Weaver and Alan Willoughby share in the fun and excitement of the Day Spring 2007 Bowl-A-Thon



David Harrod and Gail Rooney enjoying this year's event at King Pin Lanes

event. Demonstrating their Day Spring community spirit, most of our siblings (see the Snyder's and Willoughby's photos this page) participated. Several made trips from out of state to attend this important event. Meredith Snyder drove in from Virginia, while Cotton Shallcross, Ann's brother, came from Alabama. Mary's sisters, Anne Ford came from Washington D.C. and Maureen Ford from Chicago. Now that's great support!

Not only did we have over 40 teams participate, we had some especially creative team names. Greg Timmel's team called themselves the **Captain's Cards** after the Louisville Cardinals, while Mary Ford's team humorously

named their group, **I can't believe it's not gutter**, after the well-known butter commercial. Cheryl Richter led the **La La's Ladies** team named in honor of her favorite Teletubby – La La. Matthew Spires served as captain for **Cain's Pit Crew** named for Casey Cain, Matthew's favorite race car driver.

Innovative team names add to Bowl-A-Thon fun!

This year's Day Spring Bowl-A-thon challenge encouraged each team to work toward a goal of raising \$500, and many teams far exceeded this goal! Sibling and Board Member Marge Borders brought \$2,000 to the event – winning the grand prize of a new bowling ball & bag.

Thank you to all who helped make this successful event possible! Our organized planning committee included: David Dunn, Chair; Sandy Esser, Co-Chair; John Reisert, Sue Ann Metcalf, Carol Chappell, Cathy & Skip Weaver, and Karen Eberenz.

We are also very thankful for our wonderful sponsors for making this event possible: Bosse Mattingly Constructors, Seven Counties Services, Leo Weekly, Planet Telecom and Stock Yards Bank.

Congratulations!
We made our goal of \$25,000!

Don't forget...
Mark your calendar for next year's event:

Day Spring Bowl-A-Thon 2008
Saturday, August 9th 3:00 p.m.
at King Pin Bowling Lanes.



Meredith Snyder drove from Virginia to attend the 2007 Bowl-A-Thon. Pictured left to right are Joey, Meredith, Corinne and Courtney Snyder.



CELEBRATE, RECOGNIZE, MEMORIALIZE
a friend or family member

Buy a brick in the
Day Spring Celebration Garden

Contact: Mary Ellen Howard
phone: (502) 636-5990
email: memdayspring@bellsouth.net

August Tea for Bill Dunn and Betsy Gibbs at Day Spring Woods ...

On August 21st, the residents of Day Spring Woods and board member David Dunn hosted a tea for his father, Bill Dunn and friend, Betsy Gibbs.



Richard King, Betsy Gibbs and Cindy Cusick at the tea in August

Upcoming Events:

Monday, November 5th
Annual Dinner

Saturday, November 10th
Spirituality Community Retreat

Saturday, December 1st
Political Appreciation Breakfast

Tuesday, December 4th
Community Pot Luck & Drop-In

Watch your mail for details...

Or call the
Day Spring offices at
502-636-5990
for more information.

Annual Spirituality Retreat

Saturday, November 10th
from 9am - 7pm at the Clifton Center
Theme: *Giving Thanks*

Residents, staff, board members, volunteers and family are all invited to attend.

Contact Amy Barnes at 638-9420 or aodayspring@bellsouth.net if you are interested in helping to plan and/or facilitate portions of the event.



Vacation 2007 – New Experiences and Memories to Cherish



Sarah Jeter and Cindy Cusick



Debbie Seger, Mary Ann Lewis, and Cathy Harrod

Those who live and work at Day Spring enjoyed their annual vacations together. During the last week of September, Baxter Avenue, Homes and Woods stayed in Louisville at Embassy Suites and took some day excursions. The group toured the Corvette and Toyota Plants, the Newport Aquarium and the Louisville Slugger Museum. Small groups ate meals together, relaxed in the indoor pool and spent time together.

The first week of October, residents of the Illinois Avenue group homes vacationed in Tennessee. The group toured Graceland, The Country Music Hall of Fame, The RCA Studio and Stax Blues Museum. They also enjoyed The Hard Rock Café. Camille Koepper happily shared, "At Hard Rock Café, I had a something new...a Cobb salad. It was the bomb." Thanks to a strong commitment to "can collecting", the men and women's home raised over \$1,000 in aluminum recycling this past year for vacation expenses.



Day Spring Group on vacation in Tennessee